

People also shopped more on their phones depending on what day it was. Adobe found that smartphones accounted for slightly more traffic than desktop computers on Thanksgiving, but not on Black Friday. You may not whip out your laptop when you have friends and family over, but you'll definitely pull out your phone for some sneaky browsing.

Nocturnal primates not only regularly consume alcohol in fermented nectars, saps and fruits, but they also seem to love it, finds new research on two night-prowling primate species: the aye-aye and the slow loris. Aye ayes (*Daubentonia madagascariensis*) are lemurs native to Madagascar that have an elongated, bony finger for detecting and extracting grubs from decaying tree trunks.

Finally, they found a catamaran company that agreed to ferry them to Puerto Rico. They chose that island over St. Croix because it had avoided a direct hit from Irma and therefore had more outbound flights scheduled. Upon arrival, though, the family couldn't afford the \$1,500 per person being charged for a flight out.

Currently, cognitive behavioral therapy is considered the best form of treatment for insomnia, according to the American Academy of Sleep Medicine. During treatment, people learn to identify and change the harmful thoughts and behaviors that are preventing them from getting enough sleep, the researchers explained.

What makes this lunar photobomb so special is that we're seeing a side to the moon we Earthlings never see from our planet's surface. The moon is tidally locked with Earth, meaning the moon's spin matches its orbit, ensuring the same face is always facing Earth. To see the lunar far side, we need to send a camera beyond the moon's orbit and look back at Earth, which is exactly what the NASA Earth Polychromatic Imaging Camera (EPIC) does. And the sequence of images have picked out some beautiful detail in the moon's terrain.

Unusually, the rise is not in terms of patient numbers, which have in fact fallen, but by people living longer with greater numbers of increasingly complex conditions to manage. Each day, Mowle will have contact with 40 to 50 patients, he explained, with 60% of those in person and the rest through phone consultations.

Velasco Archer noted that this type of cranial deformation is more likely found in the southern part of Mesoamerica rather than in the Mexican central region where Teotihuacan is located. Encrusted with two round pyrite stones, the skull's front teeth confirmed the woman was a foreigner in Teotihuacan. The dental decoration technique is typical of Mayan regions in southern Mexico and Central America.

At some point in time, after the first man and woman were buried, a second man was buried in a grave inside a wooden structure that was added to the original tomb. This man was also buried with his ax, although it was not as large as the ax from the original burial, the researchers said. Nielsen thinks the second man could have been a relative or successor of the first man.

Bali, famous for its surf, beaches and temples, attracted nearly 5 million visitors last year but business has slumped in areas around the volcano since September when Agung's volcanic tremors began to increase. Agung rises majestically over eastern Bali at a height of just over 3,000 metres. When it last erupted in 1963 it killed more than 1,000 people and razed several villages.

Meat can make a rare appearance, but usually only to flavor a dish. Meals may include eggs, dairy and poultry, but in much smaller portions than in the traditional Western diet. However, fish is a staple, and an optional glass of wine with dinner is on the menu. The flexitarian diet came in third on the list of best overall diets for its emphasis on whole grains, fruits, veggies and plant-based proteins.

Stimulating the brain's vision center with electricity may improve people's vision for a short period of time, according to a new, small study. In the study, researchers used a mild electrical current to stimulate an area of people's brains that processes visual information. The people either had normal vision, or had some minor vision problems and wore glasses or contacts during the experiments in the study.

If you're suffering from depression or have developed the symptoms lately, then practicing Tai Chi can be of great help. Tai Chi is an ancient form of Chinese martial art, which when practiced for 12 weeks can significantly reduce symptoms of depression like continuous feeling of sadness, a study has confirmed. Tai Chi has been used for more than 1,000 years which includes deep breathing and gentle movements. It is generally suitable for people of any level of physical fitness.

Elio Fiorucci was an innovator, ushering in some the most important trends of the era, popularizing pieces and styles that are still with us to this day. He is widely credited with bringing a controversial item of South American beachwear known as "the thong" to prominence in Europe. In the 1960s he brought the clothes of swinging London to Milan and changed the face of Italian fashion forever. He made the Afghan coat cool and pioneered the use of stretch denim.

Russia may face a ban from the Rio Olympics, but it's not the first country to be caught up in a doping scandal. Russian athletes got a bit of a pass Tuesday when members of the International Olympic Committee delayed a decision on whether to ban the entire nation from the Rio games after revelations that Russians sports officials covered up hundreds of positive drug tests.

Of course, in 1054 CE astronomers would have thought it impossible that humanity would ever get another glimpse of the region where that famous brightening in Taurus occurred, but modern astronomers have powerful observatories on Earth and in space that can zoom through the light-years to reexamine the powerful stellar eruptions that were spied so long ago in our history. The Hubble Space Telescope is one of these revolutionary observatories and it is helping us understand more about the dynamics of a supernova remnant.